



# 2ND ANNUAL MICHAEL ZEMANEK MEMORIAL FOUNDATION, INC. 5K FAMILY FUN RUN/WALK 2015

**SATURDAY SEPTEMBER 26, 2015**

**Registration 9:00 AM**

**Child walk/run ( 1/2 mile) 10:00 AM**

**Adult run 10:30 AM**

Register online at [MZMF.ORG](http://MZMF.ORG)

On-line early registration \$25

On-line registration after 8/26 \$35

Children under the age of 13 \$15

Children under the age of 6 are free

\*Minors must be accompanied by an adult who is registered in the event\*

**This is a costume themed run, so please feel free to dress up as cops or robbers and join the fun!**

**The best costumes win prizes!**

**Medals will be issued to the 1st, 2nd and 3rd place winners in both the adult and children's 5K**

**No strollers or pets please.**



**NORWICH UNIVERSITY  
MILANO BALLROOM  
158 HARMON DRIVE  
NORTHFIELD, VT 05663**



**Price of registration includes a T-shirt from the event.  
Light refreshments will be provided.**

Our mission statement:

To provide financial support to widows/ers and half-orphaned children of sworn Vermont law enforcement officers who have died either on or off duty: To provide financial support to sworn Vermont law enforcement officers who are faced with catastrophic situations, the nature of which pose a significant financial hardship for their immediate family.

